

# Anchor Mill Medical Practice Protocol Jan2012

## Prescribing for Patients travelling abroad

### **Travelling abroad for up to three months**

- An NHS prescription for regular medication will be given to cover the three month period **providing** the GP is happy that any monitoring required is up to date and satisfactory.

### **Travelling abroad for more than three months or not intending to return**

- An NHS prescription for one month's supply of regular medication will be provided. This allows sufficient time for the journey to be undertaken and a suitable medical practitioner to be engaged in the overseas country.

### **Requests for other medication to take abroad**

- No medication other than that which a patient takes on a regular basis will be prescribed. This includes antibiotics, treatments for diarrhoea or any other 'just in case' treatment.
- If the patient is already abroad, no prescriptions can be issued. NHS prescriptions or medication cannot be sent abroad.

**If the practice is aware that you are travelling abroad for longer than three months and does not take the appropriate action, as stated above, it could be considered to be acting in a fraudulent manner.**

The protocol is based on current NHS regulations.